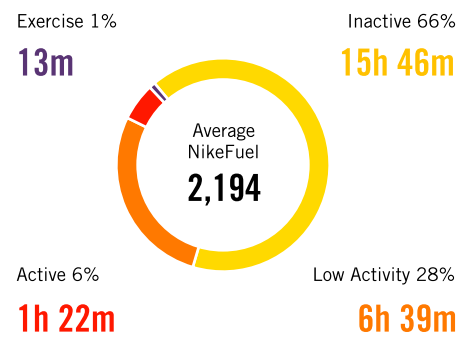


YEAR IN NIKEFUEL

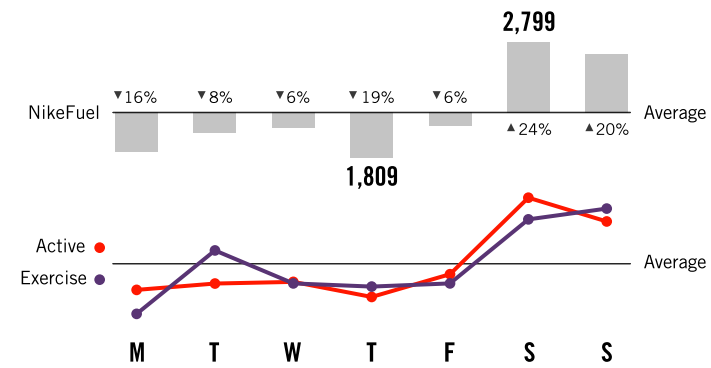
RANDOLPH F.

- Vigorous Exercise
- Moderate Exercise
- Active
- Low Activity
- Inactive

DAILY MOVEMENT



WEEKLY MOVEMENT



WEEKLY EXERCISE



See the U.S. Department of Health and Human Services' Physical Activity Guidelines at hhs.gov for recommended physical activity levels.

WORKOUTS

